

TAE KWON DO



THE PRINCIPLES OF MOO DUK KWAN

All members should:

1. Always seek truth and practice it.
2. Promote the highest moral character throughout their training in *Tae Kwon Do*.
3. Respect and obey their parents, teachers, and seniors.
4. Develop both great confidence and humility, and should practice both inside and outside of class.
5. Love their country and contribute to their community.
6. Always do their best to promote intellectuality.
7. Not hesitate to sacrifice themselves for justice.
8. Do their utmost to develop *Tae Kwon Do* as the most genuine martial art in the world.
9. Develop their endurance and be calm and humble in mind .
10. Always remember that the ultimate purpose of *Tae Kwon Do* is to promote both physical and mental health.
11. Be familiar with the scientific and academic aspects of *Tae Kwon Do*.

MAIS

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a black belt excellence school